## Scientia Iranica

Article Title: Assessment of Isometric Muscle Exertion in Short-term Considering Task-rest Schedule

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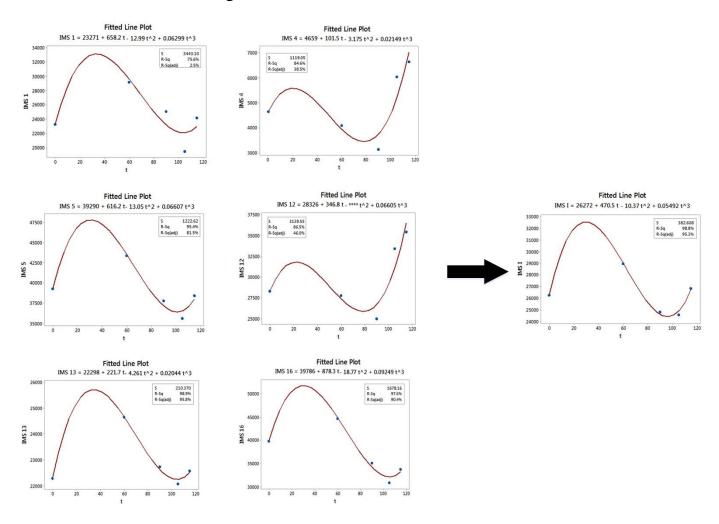
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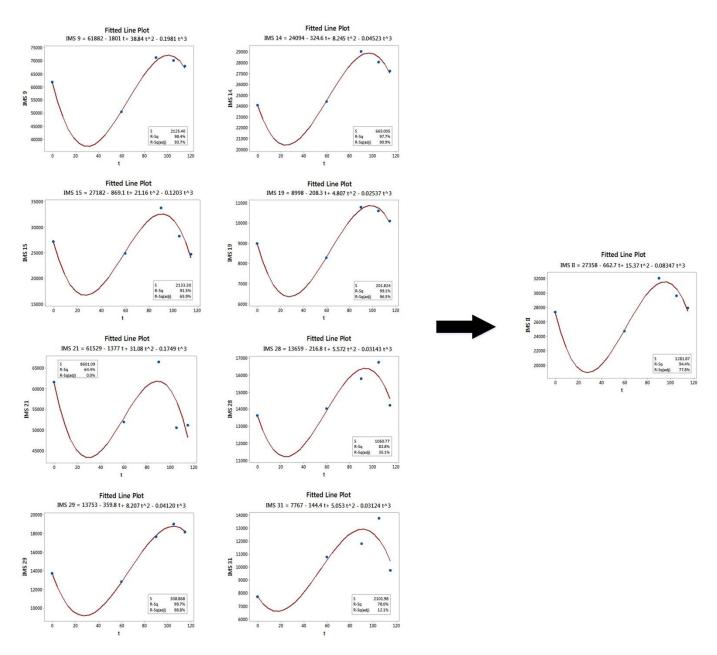
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The graphs in Figure S1 represent how Figure 7 was extracted.

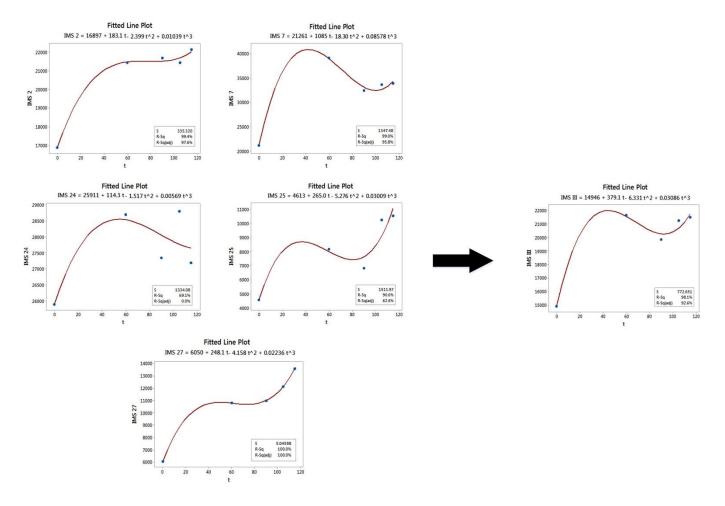
Figure S1



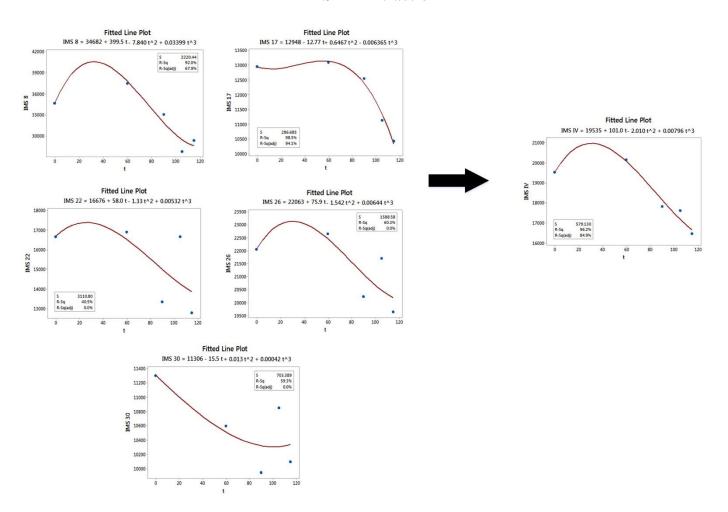
**IMS I Extraction** 



**IMS II Extraction** 



## **IMS III Extraction**



**IMS IV Extraction**