



A systematic review on medical image segmentation using deep learning

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Vessel segmentation;
Pathological image segmentation;
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Abstract

Medical image segmentation is an essential step in various diagnostic and treatment procedures. This study aimed to conduct a systematic review of state-of-the-art segmentation methods based on the target. The target complexity is a considerable challenge in medical image segmentation and the first issue that experts confront in diagnosing or treating patients. Additionally, each group of targets has similar characteristics, motivating to provide a target-based review to compare the Deep Learning (DL)-based studies. This is the first time that a target-based review of medical image segmentation has provided a focus on recent DL developments. This study categorized publications into three targets: tumors, vessels, and pathological. Using a Preferred Reporting Items for Systematic reviews and Meta-Analyses (PRISMA) strategy while considering the inclusion and exclusion criteria, 118 articles were identified on Google Scholar and PubMed from 2015 to 2023 in the fields of brain, liver, and lung tumors, blood vessels, and pathology image segmentation. This review could assist researchers in selecting the proper network and being aware of possible challenges. We also concluded that medical image segmentation using DL as a cross-disciplinary field is involved with both complex medical data and technical issues. Consequently, new interpretable approaches may be able to bridge the gap between medical specialists and artificial intelligence researchers.

1. Introduction

Over the last decade, medical image segmentation has been extensively investigated and has played a crucial role in computer-aided diagnostic systems. It is considered an essential step in medical image analysis in order to assist the clinician in conducting an accurate diagnosis and treatment. Image segmentation is the process of dividing an image into several disjointed areas based on features such as grayscale, spatial texture, and geometric shapes, along with a specific description [1]. The most popular medical image segmentation studies involve segmenting various elements, such as cells, tumors within different tissues (such as the cardiac, brain, liver, and lungs), the optic disc, pulmonary nodules, blood vessels, etc. [2].

Image segmentation methods could be classified into three categories in proportion to the degree of human interaction, including manual, semi-automatic, and automatic segmentation. Manual segmentation is done by an expert, a specialist radiologist, or a clinician. Therefore, it would serve as the ground truth to evaluate any segmentation method. On the other hand, manual segmentation is prone to a great deal of variation, which may give rise to expert conflicts and is a time-consuming and laborious process.

Semi-automatic segmentation tries to address some problems associated with manual segmentation using algorithms such as growing segmentation in one re- or

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expanding segmentation to other sections to eliminate the need for slice-by-slice segmentation, which could reduce the user effort and time required [3]. User interaction may include a rough selection of the initial Region of Interest (ROI), which is subsequently utilized to segment the entire image. This type of segmentation may include manual interaction for correcting region boundaries to reduce segmentation errors [4].

Automatic algorithms would be able to produce reliable and repeatable segmentation results without the need for any user interaction. Over time, various automated conventional image segmentation algorithms have been developed, including thresholding as an intensity-based technique, edge-based [5] and region-based [2] methods, deformable models such as level set and active contour [6], clustering-based [7], and artificial neural network-based methods [8]. Thresholding and region-growing methods are two examples of region-based segmentation. Thresholding is the most basic approach to image segmentation. This algorithm directly divides the processing of the grayscale information of the image based on the gray value of distinct targets. The region-growing strategy is a typical region segmentation algorithm, and its fundamental idea is to consider similar properties of the pixels together to create a region. The approach needs to begin with the selection of a seed pixel and then surrounding similar pixels be combined into the region where the seed pixel is located. Edge detection is another conventional and basic approach in image segmentation that applies discontinuous local features of the image to detect the image edges.

In the clustering-based technique, the class term refers to the collection of similar elements. The feature space clustering method is utilized to segment the pixels within the image space into the corresponding feature space points. Human feature engineering, which is often used with machine learning approaches based on Neural Networks (NNs) or Support Vector Machines (SVM), is another common segmentation method that is time-consuming due to the need for manual feature extraction [9]. There are also some challenging problems in medical image segmentation tasks, such as blurred and irregular borders, annotation bias, low contrast and imbalanced images, absence of texture contrast, sensitivity to contrast, imaging noise, etc. [10]. Nevertheless, incredible developments in medical image processing have occurred through NNs, and outstanding outcomes are consistent. Recently, motivated by the success of Deep Neural Networks (DNNs), researchers in the medical field have attempted to address a variety of issues using Deep Learning (DL) approaches, such as image denoising [11], image reconstruction [12], image registration [13], and also image segmentation [14]. These approaches have been effectively utilized for the semantic segmentation of natural images and have also found applications in the segmentation of medical images. Convolutional Neural Networks (CNNs) are key concepts in DL networks as feature extractors and highlight popular neural network architectures for this task. These architectures include the Fully Convolutional Network (FCN) [15], U-Net [16], Generative Adversarial Network (GAN) [17], Recurrent Neural Network (RNN) [18], and Auto-Encoder (AE) approaches [19]. This diverse range of DL architectures addresses various aspects of medical

image segmentation, from handling volumetric data to capturing temporal relationships in sequences, ultimately contributing to the advancement of precision medicine and diagnostic applications in the healthcare domain.

The complexity of targets motivates researchers to create a wide range of DL models in the field of medical image segmentation, which remains a significant challenge in this field and is one of the first issues that experts confront in diagnostic and treatment procedures. On the other hand, different properties, structures, and textures of the objects in the image affect the segmentation results. However, if the segmentation problem is investigated by concentrating on specific targets, the same approaches for each target could be found. In this case, we chose targets that drastically affect diagnosis and treatment procedures to provide a novel and informative target-based review of medical image segmentation, as shown in Figure 1. The "Vessel" is such a vital part of every organ that its accurate segmentation is critical for surgery and treatment planning, risk reduction in surgery, and clinical outcome evaluation. The "Tumor" almost has the potential to grow in every organ. So, accurate tumor segmentation leads to maximally safe resection and increases patient survival. Finally, "Pathology" underlies every field of medicine, from diagnosis, blood transfusion technology, and disease monitoring to cutting-edge genetic research.

It could be seen that the images within each group of targets exhibit visual similarities. These observations have prompted us to conduct a comprehensive systematic review of DL-based methods in medical image segmentation. The aim is to assist researchers in identifying the most suitable network for their specific target and addressing current challenges. The main contributions of our work are as follows:

- To employ the review protocol of the Preferred Reporting

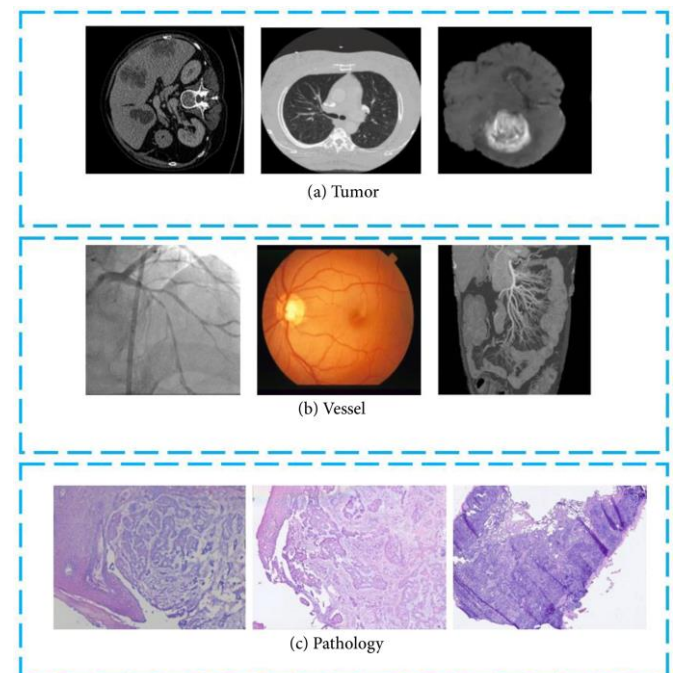


Figure 1. Visualization of three main groups of targets including tumor [20], vessel [21], and pathological images [22] for medical image segmentation.

Items for Systematic reviews and Meta-Analyses (PRISMA) search strategy to make the review accurate and reproducible;

- To provide a novel and informative target-based review on medical image segmentation, by summarizing the most popular networks applied for medical image segmentation and highlighting their advantages over other approaches;
- To select targets that have a drastic effect on diagnosis and treatment procedures, we review DNNs, datasets, and findings to provide an appropriate assessment in the medical image segmentation area.

The rest of the paper is organized as follows: Section 2 briefly introduces the main DNN models frequently used in medical image segmentation. Then, we describe the data description, pre-processing, and the most common performance metrics. Also, in the last part of Section 2, we detail our review process. In Section 3, we categorize the collected articles into three target-based groups: Tumors, vessels, and pathological image segmentation. To clarify its most recent developments, each category was examined in detail for different body organs and imaging techniques. Finally, our conclusions are given in the last section.

2. Methodology

2.1. DL

DL has been able to establish itself in medical image processing, especially image segmentation, since these tasks usually require high Accuracy (Acc). CNNs as a class of artificial NNs, provide the outcomes of convolving a certain number of filters with the input data and serving as feature extractors. In the following, we will mention some of the most commonly used neural network architectures for image segmentation tasks.

2.1.1. FCN

Long et al. [15] introduced the FCN, in which the final dense layer of CNN is replaced with a fully convolutional layer. In a study, Zhou et al. [23] employed the FCN comprising convolution and de-convolution section for the 2D semantic image segmentation of 19 different organs in 3D Computed Tomography (CT) scans.

2.1.2. U-Net

Ronneberger et al. [16] introduced U-Net, which has been extensively applied for medical image segmentation. The structure of U-Net is shown in Figure 2, which is established based on the delicate structure of FCN. Detecting or recognizing objects in medical images only based on the low-level features of the image is a very challenging issue. Moreover, obtaining accurate boundaries only from the semantic features of the image is impossible as there is no detailed image information. However, low-level and high-level features of the image in the U-Net are efficiently integrated through a combination of low-resolution and high-resolution feature maps using skip connections, which could be considered an ideal solution for fast and precise medical image segmentation.

2.1.3. 3D U-Net

Due to the volumetric nature of most medical images, 3D convolution kernels are able to explore high-dimensional

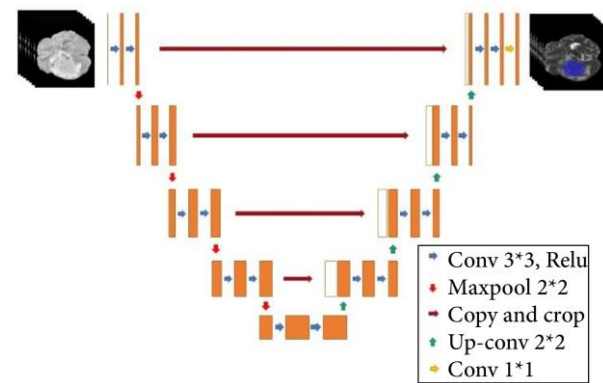


Figure 2. U-Net architecture.

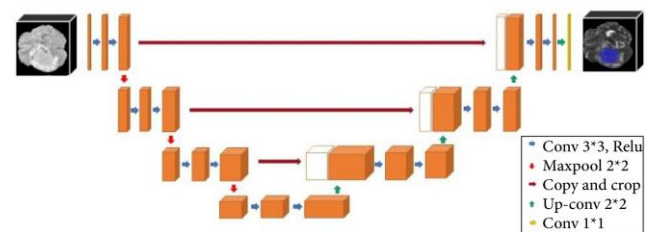


Figure 3. 3D U-Net architecture [25].

spatial correlation in the image. In this context, Çiçek et al. [24] extended the idea of U-Net to be applied to 3D data and introduced 3D U-Net, which processes 3D medical data. Milletari et al. [25] presented the V-Net, similar to the 3D U-Net structure. As demonstrated in Figure 3, residual connections could prevent vanishing gradients and improve network convergence. Therefore, it is arguable that designing deeper networks provides better feature representation. Finally, it was applied to the V-Net using four down-sampling paths to design a deeper network. This architecture leads to higher performance in comparison with the 3D U-Net.

2.1.4. GAN

In 2014, Goodfellow et al. [17] presented an adversarial approach for learning a deep generative model as a GAN, which has been widely applied in several fields of computer vision. As depicted in Figure 4, it includes two parts: Generative and adversarial networks. The generation network is the initial part that receives random noise and generates an image through this noise, and the second part, the adversarial network, combats against the network and makes a decision, whether the input image is “Real” or “Fake”. The first time, Luc et al. [26] applied the GAN for image segmentation that used the generative network for segmentation and trained the adversarial network as a classifier.

In medical image segmentation, the unbalanced pixels issue could not be resolved by the U-Net entirely, so Xue et al. [27] extended the architecture of U-Net to the generator of GAN and introduced a network named Segmentation Adversarial Network (SegAN), which led to better performance than the U-Net segmentation method.

2.1.5. RNN

RNN is invested in repeated connections and a particular type of loop architecture with a memory of prior knowledge, as shown in Figure 5. Long Short-Term Memor (LSTM) [18],

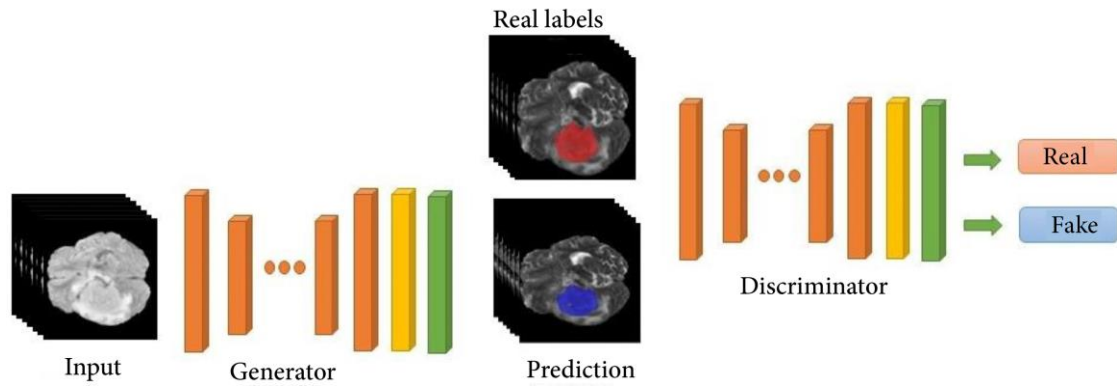


Figure 4. GAN architecture.

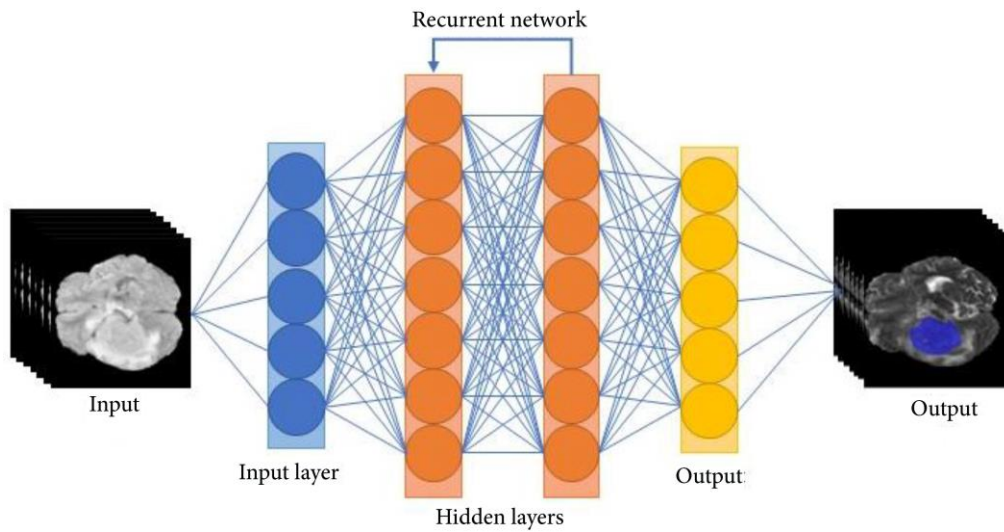


Figure 5. RNN architecture.

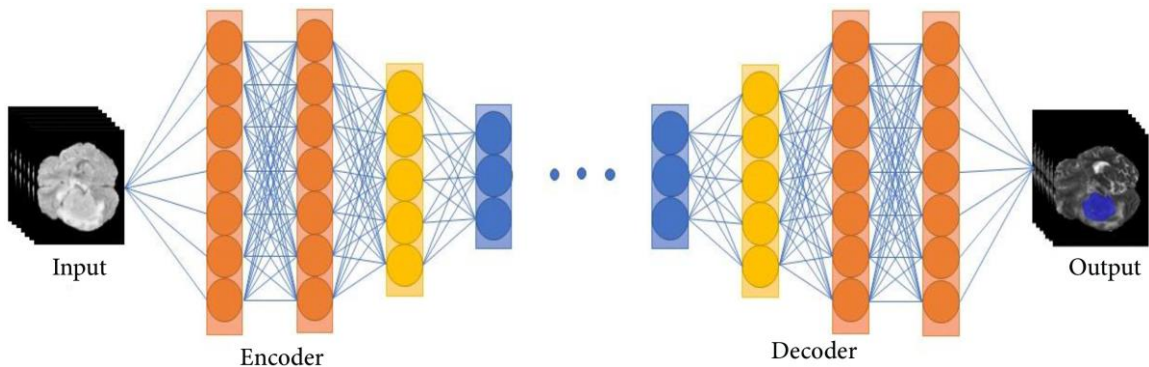


Figure 6. AE-based DL architecture.

one of the most popular RNNs, could maintain gradient flow by introducing a self-loop. In medical image segmentation, RNN is used to model the time dependency of image sequences while maintaining the total shape, smoothness, or regional homogeneity inside and outside the border. To model the temporal relationship between different brain Magnetic Resonance Imaging (MRI) slices, Gao et al. [28] joined LSTM and CNN to enhance the Acc of segmentation. FCN and RNN were combined by Bai et al. [29] to explore the spatiotemporal information for aortic sequence segmentation. By considering the context information relationship, local and global spatial features could be captured by RNN. Recently, Xie et al. utilized a 2D structure of spatial Clockwork RNN (CW-RNN) in the

medical segmentation [30]. Context information extracted from the whole image could be encoded to represent each patch. It is extracted by splitting the entire image into a set of non-overlapping image patches. The proposed spatial CW-RNN model has semantic dependencies among them.

2.1.6. AE based DL architectures

To compress the input into a latent-space representation, an AE, including the neural network encoder, is used with values similar to inputs intended in the back-propagation algorithm. This network includes a decoder that restores the latent representation input and an encoder that compresses the input to a latent representation (Figure 6).

Zimmerer et al. [19] presented segmentation method based

on context-encoding and variational AE for brain T2-weighted images. They attempted to discover anomalies at the pixel level by using model-internal latent representation deviations and reconstructing a more expressive error. Vaidhya et al. [31] used unsupervised 3D stacked denoising AEs to detect and segment glioma patches in brain MR images. Baur et al. [32] combined both concepts of GANs and AEs arguing that AEs suffer from memorization and tend to produce blurry images, and GANs have been shown to produce very sharp images due to adversarial training. They leveraged a deep generative model in the form of spatial variational AEs to build a new model for anomaly segmentation in brain MR images.

2.2. Data description

Since DNNs gather information from tens of thousands of images, their performance depends on using large datasets. In many computer vision tasks, preparing a large dataset is simple, but collecting and labeling representative, high-quality datasets in medical applications is challenging. This is due to the variety of data acquisition sources and the time it takes to label with a specialist physician's annotation as a ground truth. However, a wide range of public databases for various medical applications have been collected and annotated in recent years. This would provide the possibility of using DL models on a wide range of targets and also allow the comparison of studies' results. Here is a summary of the most widely used public databases available for medical image segmentation applications based on our targets:

2.2.1. Tumor segmentation

- **Brain Tumor Segmentation (BraTS);**
BraTS database is a well-accepted benchmark for brain tumor segmentation studies using DL. This database is published annually and includes MRI scans of patients with high-grade and Low-Grade Glioma (LGG) in four MRI sequences (T1, T2, T1-Gd, and FLAIR), and has ground truth for each glioma sub-regions [33].

- **Liver Tumor Segmentation (LiTS);**
Due to the importance of automatic LiTS, in a challenge in 2017, LiTS (LiTS17) data was released. The training dataset contains 130 CT scans, whereas the test dataset contains 70 CT scans, which are segmented by various clinical sites around the world. The LiTS image data and manual annotations will be made publicly available through an online evaluation system as a benchmarking resource. LiTS has been used frequently in automatic LiTS studies. It is noteworthy that first, most studies for accurate LiTS focused on liver tissue segmentation [34]. 3D Image Reconstruction for Comparison of Algorithm Database (3D-IRCADb) is a database that contains 3D CT scans of ten women and ten men with liver cancers, along with specialist ground truth manual segmentation of different objects of interest [35].

- **Lung tumor segmentation;**
In [36], a radiogenomic dataset containing images of Non-Small Cell Lung Cancer (NSCLC) patients has been provided. It contains CT images, Positron Emission Tomography (PET)/CT images, and specialist annotations of the tumors as ground truth.

2.2.2. Blood vessel segmentation

For the segmentation of blood vessels in the head and neck, brain, retina, abdomen, and coronary arteries utilizing imaging techniques such as MRI, Optical Coherence Tomography (OCT), ophthalmoscopy, CT Angiography (CTA), and X-ray, various databases have been released, which are further referenced. Also, in the literature, the available datasets of Digital Retinal Images for Vessel Extraction (DRIVE) [37], TOPCON [38], Structured Analysis of the Retina (STARE), [39], Child Heart and Health Study in England Database 1 (CHASE_DB1), [40], Retinal Images Vessel Tree Extraction (RITE), [41], High-Resolution Fundus (HRF) [42], Retinal Challenge-Scanning Laser Ophthalmoscopy (RC-SLO), [43], Isfahan Originality through Symmetry and Trunk Angular Rotation (IOSTAR) [44], and Indo-Cyanine Green (ICG) angiography [45] for retinal organ and Institut de Recherche contre les Cancres de l'Appareil Digestif (IRCAD) [35] and Medical Segmentation Decathlon (MSD) [46] related to liver vessel segmentation have been used. Also, a review has been done on the organs of the brain, abdomen, coronary, and head and neck, whose datasets are not publicly available.

2.2.3. Pathological image segmentation

Among the datasets introduced in this field, CAMELYON16, CAMELYON17 [47], the KMC dataset (also known as the Kumar dataset) [48], and the Pathological Myopia (PALM) dataset [49] stand out as prominent sources of pathological image data, each offering unique insights and challenges for research in this domain.

2.3. Data preprocessing

Before feeding raw image data to the network, some standard pre-processing techniques are applied to the multi-modal medical images, such as noise removal operations, image registration, skull-stripping, intensity bias correction, and normalization. This step is crucial in medical image segmentation because raw data has various brightness and contrast. They contain irrelevant structures and noise that are relevant to different imaging protocols and acquisition devices [50].

Data preprocessing involves essential steps to prepare the data for further analysis. Noise removal is the process of eliminating unwanted variations or irrelevant information that could distort results. Noise removal is crucial to eliminate artifacts or unwanted variations in medical images, such as MRI scans or X-rays, ensuring that the segmentation algorithms can accurately delineate structures of interest like tumors or organs. Enhancement techniques improve data quality by enhancing features and patterns, enhancing clarity, or adjusting contrast [51]. Enhancement techniques are employed to improve the visibility of subtle features or boundaries within medical images, aiding in the precise identification and segmentation of anatomical structures. These preprocessing steps collectively ensure that the data used in research is of high quality, representative, and suitable for accurate analysis or modeling, enhancing the reliability and robustness of the results obtained.

Moreover, collecting large amounts of data and annotating them by a specialist in medical image analysis is time-consuming and costly. On the other hand, low bias and

high variance cause overfitting in training data. Image data augmentation is one of the most widely used solutions to this problem [50]. This method helps us improve the dataset's size and quality in the training phase to build a more powerful DL model by applying a set of transformations in the data or feature space [52]. Image data augmentation methods generally fall into two categories: Creating new data by making specific changes to existing images using basic image manipulations such as geometric and color space transformations, mixing images, random erasing, and kernel filters. Creating synthetic data using crowdsourcing and DL-based techniques, including adversarial training, neural style transfer, and GAN data augmentation [53]. Image data augmentation is also helpful in creating faster convergence and improving model generalization. In this context, these preprocessing techniques not only enhance the Acc and reliability of medical image segmentation but also contribute significantly to clinical diagnosis and treatment planning.

2.4. Performance metrics

The efficacy of the image segmentation algorithms is evaluated regard to the ground truth, which is provided by experts. For quantitative studies of different segmentation methods and the possibility of comparing their performance, typical uniform and standard evaluation metrics are utilized. However, numerous definitions for a specific metric and applications of an algorithm for different object/organ/structure segmentation would cause challenges in introducing standard evaluation criteria.

Various categories are recommended for evaluation metrics of medical image segmentation, including spatial overlap-based, spatial distance-based, volume-based, probabilistic, and information theoretical-based metrics [54]. Based on our approach, we introduced the most common metrics that fall into the first category. As shown in Figure 7, all spatial overlap-based metrics could be obtained from four basic error rate definitions: True Positive (TP), False Positive (FP), True Negative (TN), and False Negative (FN). In the following, some criteria are introduced that have been used in most studies.

- Dice Similarity Coefficient (DSC);

The DSC is used to evaluate the similarity between the two sets. This criterion is the overlap between the segmentation results and ground truth annotation. It is widely used to evaluate segmentation methods and takes a value between 0 and 1. The closer this criterion is to 1, the greater the similarity between the segmentation masks. DSC is expressed as Eq. (1):

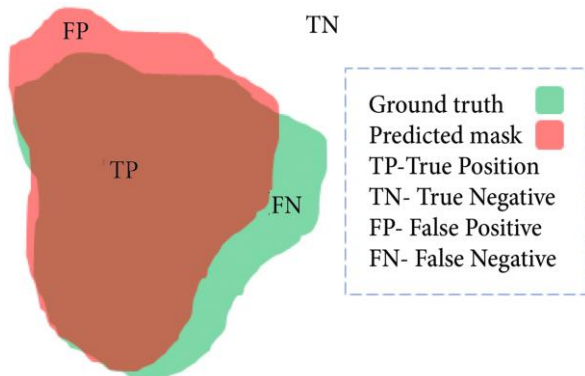


Figure 7. Schematic illustration of four basic error rate definitions.

$$DSC = 2 \frac{|S_{Ground Truth} \cap S_{Segmentation Results}|}{|S_{Ground Truth}| + |S_{Segmentation Results}|}$$

$$= \frac{2TP}{2TP + FP + FN} \quad (1)$$

- True Positive Rate (TPR):

The TPR, called recall or sensitivity, calculates the percentage of actual positive pixels/voxels in ground truth, which are correctly segmented by the algorithm. It is calculated as Eq. (2).

$$TPR = \frac{TP}{TP + FN} \quad (2)$$

- True Negative Rate (TNR):

The TNR, also called specificity, calculates the percentage of actual negative pixels/voxels in the ground truth, which are correctly segmented (as background) by the algorithm. This could be stated as Eq. (3).

$$TNR = \frac{TN}{TN + FP} \quad (3)$$

- Accuracy (Acc):

The Acc is the ability of the system to distinguish between foreground and background in the image that measures the TP and TN voxels/pixels in all predictions. This could be stated as Eq. (4).

$$Acc = \frac{TN + TP}{TN + TP + FP + FN} \quad (4)$$

2.5. Review process

Since the primary concern in the treatment protocol is the target, this study provided a quick configuration of state-of-the-art DL models for medical image segmentation based on specific targets: Tumor, vessel, and pathology. This new classification of articles could affect accurate access to practical articles in the clinic from now on. In this paper, we attempted to provide a simple-to-use and presentative framework that focused on target-based medical image segmentation methods based on DL techniques.

2.5.1. Study selection

We employed the review protocol of the PRISMA search strategy to make the review accurate and reproducible (www.prisma-statement.org) [55]. This search strategy consists of 4 steps: Identification, screening, eligibility, and included. The following are the details of the PRISMA statement:

Identification stage: The results were obtained using the following research terms: (Medical image segmentation*) AND (DL*). These keywords have been searched to obtain the latest literature from the Google Scholar search engine and the PubMed database, and the results are represented in Figure 8, queried on April 30, 2023.

Screening stage: According to an exponential growth in the number of published articles between 2015 and 2023, this limitation was considered. As a result, we obtained 789,581 records, of which 775,905 records were eliminated based on duplication and the considered year limitation. Also, due to the vast number of articles on brain tumors, articles only related to the last two years were considered. The titles and abstracts of the remaining articles have been

reviewed and 13,247 records were eliminated due to the consideration of specific targets for review.

Eligibility stage: Due to reasons such as the unavailability of full-text articles, the evaluation criteria considered in this review, and the use of similar methods in some articles, 311 records have been deleted.

Included stage: Finally, 118 articles were included in the systematic review. Of these articles, 34%, 13%, 8%, 28%, and 17% records are related to the brain tumor, liver, lung, blood vessel, and pathology segmentation, respectively. According to the PRISMA statement, details about the exclusion and inclusion of papers are shown in Figure 9.

2.5.2. Extracted data

In order to better summarize the various methods for each target, a table is provided that contains the organ/modality that shows the organ and imaging techniques that are used, the DL network architecture and its approach, evaluation metrics, and finally, the dataset which is applied for evaluating the proposed algorithm. The tables compare and

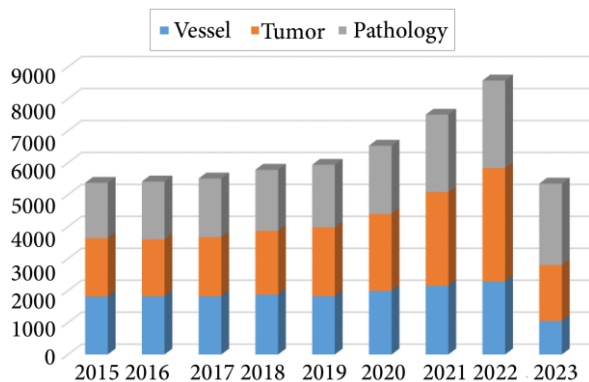


Figure 8. The number of publications for target-based segmentation (till April 2023).

summarize related methods and identify the challenges for successful methods of DL for medical image segmentation tasks. This study has aimed to investigate the application of DL technology in medical image segmentation over the past seven years. The strengths and limitations of network structure and methods are also being investigated.

3. Results

3.1. Tumor segmentation

Tumor segmentation represents the correct identification of the spatial location of a tumor. Therefore, reliable and accurate tumor segmentation is essential for accurate diagnosis and treatment planning, especially in vital organs of the human body, such as the lung, liver, and brain [56]. In the following, tumor segmentation is investigated for three vital targets: The lung, liver, and brain.

3.1.1. Brain tumor segmentation

Brain tumor segmentation is associated with some issues due to the blurred and irregular boundaries of the tumor and the variety of its location and forms [57]. Furthermore, because the brain tumor segmentation poses challenges such as annotation bias, low contrast, and imbalanced images, researchers are constantly looking for novel strategies to improve their results.

Among all types of brain tumors, glioma is the most common and invasive type of brain tumor with high and low grades, which highly determines the patient survival rate. Therefore, accurate segmentation and grading of gliomas are essential in diagnosis and treatment planning [58]. Recently, some DL-based brain tumor segmentation studies have achieved good results by including the classification of glioma grades in their approach. For example, Bangalore Yogananda et al. [59] simplified the complex segmentation problem by first classifying the High-Grade Glioma (HGG) and LGG cases with a simple

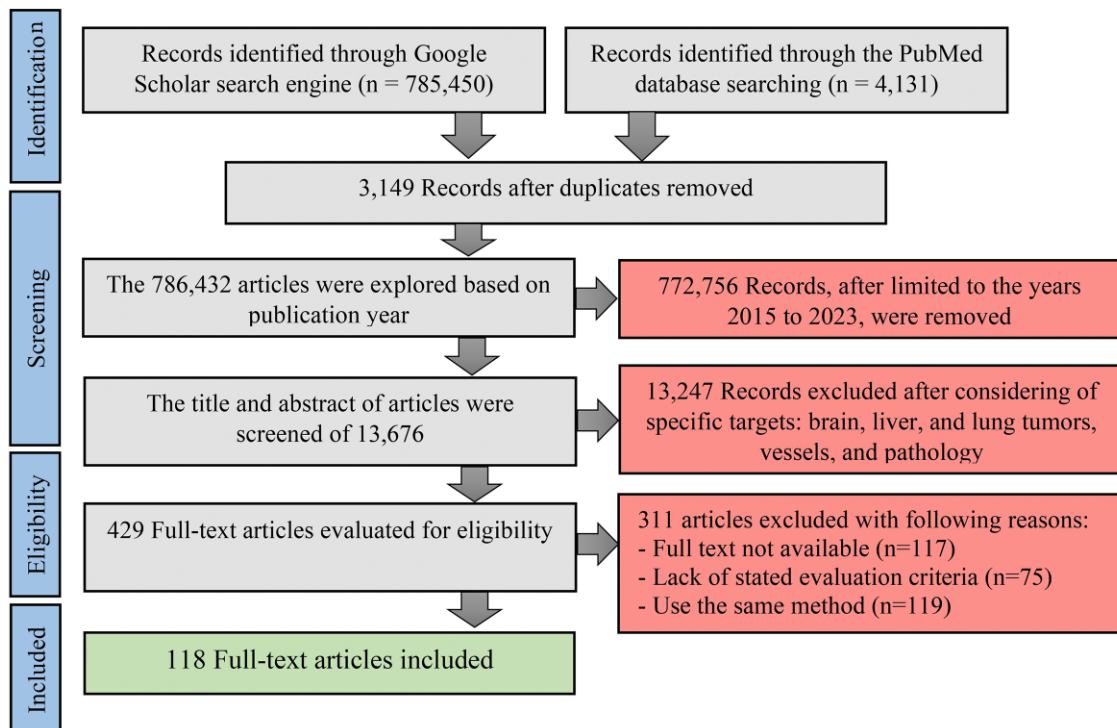


Figure 9. Inclusion and exclusion criteria for selection of articles for systematic review according to the PRISMA guidance.

CNN classifier and then performing their segmentation approaches. Also, brain tumor images could be analyzed in 2D slices or 3D volumes, leading to some studies that trained the network directly using 3D volumes [60,61], or images were fed slice to slice to the network [62,63]. For example, Kaldera et al. [64] used 2D slices only in the axial view, assuming that a higher resolution of the tumor could be seen in this view. Tripathi et al. incorporate internal residual connections in the encoder and decoder to transfer feature maps to preserve boundary and pixel details [65].

One of the practical challenges in brain tumor segmentation is the image imbalance between healthy tissue and tumoral tissue [66]. In [67], a proposed 3D CNN as a helpful solution addressed the data imbalance issue (image imbalance between foreground and background). Given that a large part of the images is healthy texture or background, by adding a practical loss function, a new hybrid model (IOUC-3DSFCNN) is proposed that has better performance to solve this problem.

DL-based brain tumor segmentation methods in the following four general categories, including CNNs, RNNs, AEs, and GANs, have been used frequently in recent studies. Many studies with various innovations have been performed to segment brain tumors using CNNs [68,69]. In comparison, RNN, which could represent time series inputs, has been used less than CNN in brain tumor segmentation tasks [70,71]. Recently, GANs and AEs have been utilized for brain tumor segmentation [72,73]. Different architectures and training details could affect the networks' performance. The use of assembling the model is a recommended approach that results in an unbiased and robust brain tumor segmentation outcome by averaging the variance of the models [61,74]. Despite the high efficiency of DL-based brain tumor segmentation models, the results of these methods require expert correction and interventions.

Therefore, interactive methods that allow physician intervention in the segmentation results have been considered recently [75,76]. In recent years, the number of studies conducted on the segmentation of brain tumors based on DL has grown rapidly; therefore, some recent studies have been reviewed (Table 1).

3.1.2. LiTS

In recent years, liver cancer has surpassed lung cancer as the fourth leading cause of death worldwide [77]. The liver could be affected by various tumors with different visual appearances. Secondary tumors, including lung, breast, colon, etc., metastasize to the liver in addition to tumors that originate in the liver, like hepatocellular carcinoma. Due to their heterogeneous and diffusive shape, automatic segmentation of liver tumors is a challenging task. Between 2017 and 2019, several public challenges and competitions centered around liver and LiTS were organized. These challenges, including Sliver07 and 3D segmentation in the clinic: A grand challenge [78], primarily featured conventional methods like level set techniques, thresholding, and machine learning approaches. However, it became evident that these traditional methods struggled to match the performance of DL techniques. While significant progress has been made in achieving near-human precision in liver segmentation, robustly segmenting liver tumors remains a formidable obstacle. This challenge is

exacerbated by the lack of publicly datasets containing labels for both liver and liver tumors. Access to private datasets is limited due to privacy concerns and the labor-intensive process of image annotation. The CHAOS challenge [79] was launched in 2019 to evaluate the effectiveness of multi-modal systems that leveraged voxel information for liver segmentation across both CT and MRI volumetric images.

Table 2 summarizes recent studies, including various DL models for LiTS, which have acceptable results.

3.1.3. Lung tumor segmentation

Lung cancer is one of the deadliest kinds of cancer [80]. Hence, image segmentation would be a critical process in detecting and characterizing lung tumors [81]. Due to the limitations and complexity of diagnosing and classifying lung tumors with manual segmentation methods, automated segmentation methods with acceptable outcomes have been presented for accurate lung tumor segmentation [80]. These automated methods not only improve the precision of lung tumor segmentation but also offer the potential for more efficient and consistent diagnoses, ultimately playing a pivotal role in improving patient outcomes and the overall management of lung cancer.

The great success of DL methods for analyzing lung tumors has significantly improved the segmentation, classification, and identification tasks. Table 3 provides a summary of recent studies, including various DL models for lung tumor segmentation. In these studies, imaging modalities such as PET-CT, 2D and 3D CT, and bronchoscopy have been used to show non-small-cell lung cancer, lung nodules, tumors of soft tissue sarcoma, benign and malignant, and lung cancer.

Clinically, maximum tumor removal without damage to surrounding healthy tissues (organs at risk) is an essential goal in neuro-oncology. Automatic segmentation with DL methods has recently received much attention in tumor segmentation. Deep convolutional networks, especially U-Net, have received the most attention for this task; however, in some studies, the use of GAN networks has been recommended. The main challenge in using these structures is the large number of model parameters and the need for a large amount of data for network training and acceptable generalization. This problem has been solved recently using more compact networks, such as capsule networks with fewer parameters.

3.2. Blood vessel segmentation

Blood vessel segmentation is a topic of high interest in medical image processing since vessel analysis is crucial for the execution and treatment planning, diagnosis, and evaluation of clinical outcomes in different fields, such as neurosurgery, ophthalmology, oncology, and laryngology. Semi-automatic or automatic vessel segmentation would greatly assist clinicians in this regard. A variety of medical imaging modalities are being employed in clinical practice, and selecting an appropriate segmentation method is mandatory to deal with the characteristics of adopted imaging technique (e.g., vessel contrast, noise, and resolution) [96].

The process of manually segmenting blood vessels is both time-consuming and lacks consistency and reproducibility between different operators. In contrast, the

Table 1. Summary of DL approaches in brain tumor segmentation.

Refs.	Organ/ modality	Method	Performance metrics (Mean $\pm$ Std.)			
			DSC	TPR	TNR	ACC
[82]	Brain MRI image	Network arch: CNN Approach: Image processing in 3 spatial scales Dataset: BraTS2015	0.82	0.94	-	-
[83]		Network arch: CNN Approach: “Categorical Dice” loss function Dataset: BraTS2020	0.88	-	-	-
[84]		Network arch: AE Approach: Latent space optimization Dataset: BraTS2015	0.84	0.89	-	-
[85]		Network arch: Residual net Approach: A fusion of Dice loss & cross-entropy loss, introducing a computation-efficient network Dataset: BraTS2018	0.91	-	-	-
[86]		Network arch: Residual net Approach: A combination of the residual connections, dilation, and dense Atrous-Spatial Pyramid Pooling to preserve more contextual information Dataset: BraTS2019	0.90	-	-	-
[87]		Network arch: GAN Approach: 3D volume-to-volume GAN Dataset: BraTS2020	0.87	-	-	-
[88]		Network arch: CNN Approach: Using the selective attention technique Dataset: BraTS2018	0.90	-	-	-
[89]		Network arch: 3D-DenseU-Nets Approach: Designed three separate 3D-DenseU-Nets to simplify the complex multiclass segmentation problem Dataset: BraTS2017-BraTS2018	0.90	-	-	-
[90]		Network arch: Hybrid two track U-Net Approach: Using hybrid networks, Leaky ReLU activation, and optimization of the loss function to address the class imbalance problem Dataset: BraTS2018	0.89	-	-	-
[91]		Network arch: Hybrid two track U-Net Approach: Adding symmetric masks in several layers to improve segmentation results Dataset: BraTS2015	0.85	-	-	-
[92]		Network arch: Capsule network Approach: Use new networks to achieve high performance using less data Dataset: BraTS2020	0.87	-	-	-
[93]		Network arch: MI U-Net Approach: Depth-wise separable hybrid model Dataset: BraTS2019	0.87	0.90	0.99	-
[94]		Network arch: Z-Net Approach: Z-Net based on an encoder-decoder architecture, and data amplification to propagate the intrinsic affinities Dataset: TCGA – LGG	0.91	-	-	0.99
[95]		Network arch: DPAF-Net Approach: 3D segmentation model based on dual-path module and multi-scale attention fusion module Dataset: BraTS2018, BraTS2019 and, BraTS2020	0.89	-	-	-

Table 2. Summary of DL approaches in liver tumor segmentation.

Refs.	Organ/ modality	Method	Performance metrics (Mean $\pm$ Std.)			
			DSC	TPR	TNR	ACC
[98]	Liver / CT image	Network architecture: Radiomics-guided GAN Approach: The discriminator uses the radiomics feature from the contrast images as prior knowledge Dataset: LiTS17	0.92	---	---	---
		Network architecture: Deformable encoder-decoder network (DefED-Net) Approach: Deformable convolution is used to enhance the feature representation capability of DefED-Net Dataset: LiTS and the 3DIRCADb	LiTS: 0.87	---	---	---
		Network architecture: Improved V-Net algorithm Approach: 3D liver and tumor segmentation based on three distance-based loss functions and the regional loss function jointly Dataset: LiTS17 and 3D-IRCADb	LiTS17: 0.764 3DIRCADb: 0.682	0.998 0.999	0.682 0.682	---
[99]		Network architecture: Adversarial densely connected network Approach: Develop a deep 3D densely connected fully CNN with an adversarial training strategy Dataset: LiTS17	0.68	---	---	---
[100]		Network architecture: CDNN Approach: Liver histogram equalization, input to the CDNN for tumor segmentation. Jaccard distance is used as a loss function Dataset: LiTS17	0.657	---	---	---
[101]		Network architecture: Cascaded U-Net Approach: Cascaded U-Net model for automated liver and lesion segmentation Dataset: LiTS	0.59	---	---	---
[102]		Network architecture: Spatial feature fusion convolutional network Approach: SFF-Net learns more spatial information by adding skip connections and feature fusion blocks Dataset: LiTS17	0.59	---	---	---
[1]		Network architecture: Res-Net Approach: Novel cascaded Res-Net architecture with multi-scale fusion Dataset: LiTS17	0.500	---	---	---
[103]		Network architecture: Octave CNN Approach: Learning multiple-spatial-frequency features Dataset: LiTS	0.96	---	---	0.95
[104]						

Table 2. Summary of DL approaches in liver tumor segmentation (continued).

Refs.	Organ/ modality	Method	Performance metrics (Mean $\pm$ Std.)			
			DSC	TPR	TNR	ACC
[106]	Liver / CT image	Network architecture: Modified U-Net	0.74	---	---	---
		Approach: Class balancing method				
		Dataset: LiTS				
[107]	Liver / CT image	Network architecture: Hybrid Res U-Net	0.99	---	---	0.99
		Approach: Combining the Res-Net and U-Net models				
		Dataset: IRCADB01				
[108]	Liver / CT image	Network architecture: Enhanced Swin transformer network with adversarial propagation	---	---	---	0.94
		Approach: Enhanced mask region-based CNN model then segmented picture is fed onto an enhanced Swin transformer network with adversarial propagation				
		Dataset: LiTS17 and SLiver073				

Table 3. Summary of DL approaches in lung tumor segmentation.

Refs.	Organ/ modality	Method	Performance metrics (Mean $\pm$ Std.)			
			DSC	TPR	TNR	ACC
[109]	NSCL/CT	Network architecture: The U-Net Approach: “Bottleneck layer” to compress image features	0.86 $\pm$ 0.03	---	---	---
	NSCLC/PET	Dataset: PET-CT images of 96 NSCLC patients	0.82 $\pm$ 0.08	---	---	---
[110]	Nodule/CT	Network architecture: CNN with the active contour model (ACM) Approach: Enhanced CNN algorithm (E-CNN) with AlexNet layer Dataset: 311 early-stage NSCLC patients	---	0.95	0.91	0.97
[80]	NSCLC/CT	Network architecture: The VGG-16 Approach: Machine learning classifiers on CNN Dataset: 311 early-stage NSCLC patients	---	---	---	---
[111]	Nodule/CT	Network architecture: The dense R2U CNN Approach: Using layers of recurrent, residual, convolutional, and dense interconnections Dataset: LUNA	0.98 $\pm$ 0.009	0.99 $\pm$ 0.002	0.98 $\pm$ 0.02	0.99 $\pm$ 0.003
[112]	Carcinoma / Bronchoscopy	Network architecture: The CNN Approach: Adaptive fuzzy-GLCM + GoogLeNet Dataset: 200 images of Hamlyn lung and bronchoscopy	---	0.98	0.98	0.98
[113]	STS/PET-CT	Network architecture: The U-Net Approach: Multimodal Spatial Attention Module (MSAM) Dataset: NSCLC and STS	<i>NSCLC dataset</i>			
			0.71	0.81	0.99	---
			<i>STS dataset</i>			
			0.62	0.64	0.99	---
[81]	Lung cancer/CT	Network architecture: The ResBCD U-Net Approach: The BConvLSTM as an integrator module Dataset: LIDC-IDRI	0.97	0.97	---	0.97
[114]	Lung cancer/CT	Network architecture: The GAN Approach: Transfer learning Dataset: LUNA16	0.72	---	---	---

Table 3. Summary of DL approaches in lung tumor segmentation (continued).

Refs.	Organ/ modality	Method	Performance metrics (Mean $\pm$ Std.)			
			DSC	TPR	TNR	ACC
[115]	Lung cancer/CT	Network architecture: The 2D U-net Approach: Using a 2D U-Net network with imbalance data labeling Dataset: 472 cases of TMUH clinical data	0.79	---	---	---
[116]	Lung cancer/CT	Network architecture: Dense U-Net Approach: Aims to contribute similar feature maps between encoder and decoder sub-networks Dataset: TCIA and LIDC	0.83	---	---	0.97

semi-automatic or fully automatic vessel segmentation methods necessitate the involvement of at least one expert clinician to either perform the segmentation or assess the obtained segmentation results. Moreover, the development and evaluation of these algorithms suffer from lack of support since publicly image datasets that include Ground Truth are now limited to specific anatomical regions, such as the retina. Nonetheless, the utilization of automatic or semi-automatic blood vessel segmentation methods could provide assistance to clinicians. As a result, these areas hold significant importance in medical research, as evidenced by the substantial annual publication rate in this domain [96]. In recent years, the popularity of DL approaches in medical imaging has grown because of their robust capability in extracting features, precise classification, and adaptability [97]. Nonetheless, given the rapid advancements in the field, there is a need for updated reviews to assess and summarize the current state of the art.

Table 4 provides a summary of recent studies, including various DL models for vessel segmentation. In these studies, imaging modalities such as the MRI, ophthalmoscope, OCT, CT, and CTA have been used to show the vessels of organs such as the brain, retina, esophageal, abdominal, coronary, Type B Aortic Dissection (TBAD), liver, and head and neck. According to Table 4, DL networks have been widely used in blood vessel segmentation. The researchers used CNN and U-Net networks more because of their good performance on the databases. In addition, many authors have proposed various improved models such as the U-Net CNN, the DV-Net, TransFusionNet, the R2U-Net, the scale-space approximated CNN, the Hard Attention Net (HANet), ResDO-U-Net, etc., for blood vessel segmentation. Also, due to the importance of retinal vessels, most studies on this organ have been done using the ophthalmoscope imaging modality. The most common performance evaluation metrics have been the proposed methods for blood vessel segmentation, ACC and TPR, which on average in this survey are 0.94 ± 0.05 and 0.83 ± 0.08 , respectively.

3.3. Pathology image segmentation

The digitized pathology slides provide opportunities for clinical diagnosis that could assist pathologists and researchers in disease monitoring. Because of the success of DL, digital pathology is rapidly progressing. Prior to DL's popularity in the analysis of medical images, pathology images were difficult to analyze due to their complexity [117]. However, digital pathology image segmentation

using DL could not be accomplished in interpreting whole slide images to detect tumor regions [118] and lymph node metastases [47].

In 2012, a grand challenge in histopathology was held and focused only on mitosis detection in breast cancer histological images [119]. This was the first time in a histopathology challenge where DL methods outperformed other methods based on handcrafted features and smoothed the way for future use of CNNs. For the first time in 2013, pathology image segmentation made its way through the rapid progress of DL by using deep max-pooling CNNs to detect mitosis in breast histology images [120].

Most efforts to date have focused on developing neural network architectures to enhance the performance of different computational pathological tasks. U-Net has been commonly used in several applications [121]. It has been implemented in an end-to-end architecture and to overcome the challenge of limited medical databases, it has extensively used data augmentation to better leverage the available annotation examples [122].

Medical image segmentation has exponentially grown in the last few years. However, unfortunately, the pathological images are left out of this rapidly growing storm due to the challenges it faces in this area. Access to large well-annotated datasets, context switching between workflows, and lack of health economics are some key challenges that slow down DL and make pathologists hesitant to adopt it [122].

In Table 5, we only consider recent studies that have yielded acceptable results in this field. As shown in Table 5, convolutional networks have received much attention from researchers in pathology image segmentation. In the meantime, by introducing U-Net in pathology image segmentation, the Acc of segmentation has increased.

4. Conclusion

Nowadays, due to the penetration of Deep Learning (DL) in medical image segmentation, many articles have been published in this field and researchers have been able to segment almost all types of medical images. Considering the complexity and variation of different targets, DL models have been proposed that specify each target in medical image segmentation. There are many available targets to review in this field, such as vessel, tumor, pathology, cardiac, skin cancer, lesion, and bone segmentation, and each one has considerable importance. This paper first summarized the most popular networks applied for medical

Table 4. Summary of DL approaches in blood vessel segmentation.

Refs.	Organ/ modality	Method	Performance metrics				
			DSC	TPR	TNR	ACC	
[123]	Brain/MRI	Network architecture: The U-Net CNN model Approach: “Half U-Net” Dataset: PEGASUS study	0.88	---	---	---	
[124]		Network architecture: The LVSNet model Approach: Attention-guided deep neural network with multi-scale feature fusion Dataset: MSD	0.88	---	---	---	
[125]		Network architecture: The DV-Net model Approach: Segmentation via dense connection model with D-BCE loss function Dataset: MSD	0.90	---	---	---	
[126]		Network architecture: The 3D U-Net model Approach: Effect of enhancement on segmentation using a DL model Dataset: 57 cases from Oslo University hospital	0.75	---	---	---	
[127]		Liver/3Phasic CT	Network architecture: The 3D V-Net model Approach: Using inter-scale dense connections and high-level semantic information Dataset: 3Dircadb	0.80	---	---	---
[128]			Network architecture: The TransFusionNet model Approach: A multi-scale feature fusion network Dataset: 3Dircadb	0.71	---	---	---
[129]			Network architecture: IBIMHAV-Net Approach: Expanding the Swing transformer to 3D and employing an effective combination of convolution and self-attention Dataset: 3Dircadb	0.92	---	---	---
[130]		Network architecture: U-Net Approach: Modified residual block to include concatenation skip connection Dataset: MSD	0.74	0.77	---	---	
[131]	Retina/OCT	Network architecture: The CE-Net model Approach: Using blocks of ResNet, dense atrous convolution, and residual multi-kernel pooling Dataset: DRIVE and TOPCON	---	0.83	---	0.95	
[132]		Network architecture: The Weighted Res U-Net model Approach: The binary cross-entropy loss function Dataset: DRIVE and STARE	---	DRIVE dataset 0.77 --- 0.96 STARE dataset 0.74 --- 0.96			
[133]	Retina/ophthalmoscope	Network architecture: The R2U-Net Approach: RCLs and RCLs with residual units Dataset: DRIVE, STARE, and CHASE_DB1	---	DRIVE dataset 0.78 0.98 0.95 STARE dataset 0.82 0.99 0.97 CHASE_DB1 dataset 0.77 0.98 0.96			
[134]		Network architecture: The Ki U-Net Model Approach: Up-sampling layer after every conv layer in the encoder Dataset: RITE	0.75	---			
[135]			Network architecture: The deep vessel network Approach: The CNN and CRF layers Dataset: DRIVE, STARE, and CHASE_DB1	0.76	DRIVE dataset --- --- 0.95 STARE dataset 0.74 --- 0.95 CHASE_DB1 dataset 0.71 --- 0.94		

Table 4. Summary of DL approaches in blood vessel segmentation (continued).

Refs.	Organ/ modality	Method	Performance metrics			
			DSC	TPR	TNR	ACC
[136]	Retina/ ophthalmoscope	Network architecture: The joint-loss DL framework Approach: A segment-level loss to measure the thickness inconsistency of vessel Dataset: DRIVE, STARE, CHASE DB1, and HRF	DRIVE dataset			
			---	0.76	0.98	0.95
			STARE dataset			
			---	0.75	0.98	0.96
			CHASE_DB1 dataset			
[137]	Retina/ ophthalmoscope	Network architecture: The AlexNet Approach: Layers of the feature hierarchy + the spatial precision of the output Dataset: DRIVE, STARE, and CHASE_DB1	---	0.76	0.98	0.96
			STARE dataset			
			---	0.75	0.98	0.96
			CHASE_DB1 dataset			
			---	0.76	0.98	0.96
[138]	Retina/ ophthalmoscope	Network architecture: The three-stage DL model Approach: Thick segmenter, Thin segmenter, Fusion segmenter, and pixel-wise cross-entropy loss function Dataset: DRIVE, STARE, and CHASE_DB1	DRIVE dataset			
			---	0.78	0.96	0.94
			STARE dataset			
			---	0.75	0.98	0.96
			CHASE_DB1 dataset			
[139]	Retina/ ophthalmoscope	Network architecture: The scale-space approximated CNN (SSANet) Approach: Incorporating up-sampling layers Dataset: DRIVE, STARE, and CHASE_DB1	---	0.83	0.98	0.97
			STARE dataset			
			---	0.83	0.98	0.96
			CHASE_DB1 dataset			
			---	0.83	0.97	0.96
[140]	Retina/ ophthalmoscope	Network architecture: The Butterfly Fully Convolutional Neural Network (BFCNN) Approach: Multiscale input, dilated convolution, and the transfer layer Dataset: DRIVE, STARE, and CHASE_DB1	DRIVE dataset			
			---	0.98	0.95	0.76
			STARE dataset			
			---	0.98	0.96	0.77
			CHASE_DB1 dataset			
[141]	Retina/ ophthalmoscope	Network architecture: The Hard Attention Net (HANet) Approach: Three decoder networks for regions of hard or easy and vessel segmentation Dataset: DRIVE, STARE, CHASE DB1, HRF, IOSTAR, RC-SLO, and a self-collected ICG angiography	---	0.98	0.96	0.76
			STARE dataset			
			---	0.98	0.96	0.77
			CHASE_DB1 dataset			
			---	0.98	0.96	0.76
[142]	Retina/ ophthalmoscope	Network architecture: The contextual multi-scale multi-level network Approach: Fusing the global contextual features of multiple spatial scales+re-exploiting the dilated convolution module Dataset: DRIVE	DRIVE dataset			
			---	0.81	0.98	0.96
			STARE dataset			
			---	0.82	0.99	0.97
			CHASE_DB1 dataset			
[143]	Retina/ ophthalmoscope	Network architecture: The Butterly Fully Convolutional Neural Network (BFCNN) Approach: Multiscale input, dilated convolution, and the transfer layer Dataset: DRIVE, STARE, and CHASE_DB1	---	0.99	0.99	0.97
			DRIVE dataset			
			---	0.81	0.98	0.96
			STARE dataset			
			---	0.82	0.99	0.97
[144]	Retina/ ophthalmoscope	Network architecture: The Hard Attention Net (HANet) Approach: Three decoder networks for regions of hard or easy and vessel segmentation Dataset: DRIVE, STARE, CHASE DB1, HRF, IOSTAR, RC-SLO, and a self-collected ICG angiography	CHASE_DB1 dataset			
			---	0.83	0.99	0.96
			DRIVE dataset			
			---	0.79	0.98	0.95
			STARE dataset			
[145]	Retina/ ophthalmoscope	Network architecture: The Hard Attention Net (HANet) Approach: Three decoder networks for regions of hard or easy and vessel segmentation Dataset: DRIVE, STARE, CHASE DB1, HRF, IOSTAR, RC-SLO, and a self-collected ICG angiography	---	0.81	0.98	0.96
			CHASE_DB1 dataset			
			---	0.82	0.98	0.96
			HRF dataset			
			---	0.78	0.98	0.96
[146]	Retina/ ophthalmoscope	Network architecture: The contextual multi-scale multi-level network Approach: Fusing the global contextual features of multiple spatial scales+re-exploiting the dilated convolution module Dataset: DRIVE	IOSTAR dataset			
			---	0.75	0.99	0.96
			RC-SLO dataset			
			---	0.86	0.98	0.96
			ICG angiography dataset			
[147]	Retina/ ophthalmoscope	Network architecture: The deep residual learning Approach: Wide Activation (WA-Net) + LASPP module Dataset: DRIVE and STARE	---	0.87	0.98	0.96
			DRIVE dataset			
			---	0.78	0.98	0.95
			STARE dataset			
			---	0.77	0.99	0.96
[148]	Retina/ ophthalmoscope	Network architecture: The contextual multi-scale multi-level network Approach: Fusing the global contextual features of multiple spatial scales+re-exploiting the dilated convolution module Dataset: DRIVE	DRIVE dataset			
			0.80	0.78	0.98	0.96
			STARE dataset			
			CHASE_DB1 dataset			
			HRF dataset			

Table 4. Summary of DL approaches in blood vessel segmentation (continued).

Refs.	Organ/ modality	Method	Performance metrics			
			DSC	TPR	TNR	ACC
[143]		Network architecture: ResDO-UNet Approach: Combined with depth-wise over-parameterized convolutional layer and taking advantage of max pooling and average pooling layers, a pooling fusion block Dataset: DRIVE, STARE, and CHASE DB1	DRIVE dataset			
			---	0.79	0.97	0.95
			STARE dataset			
			---	0.80	0.98	0.96
			CHASE_DB1 dataset			
			---	0.80	0.97	0.96
[144]	Abdominal / CT and CTA	Network architecture: The U-Net Approach: 2D patch-based segmentation and area imbalance reduced training patch generation (AIRTPG) Dataset: 20 cases of abdominal	---	0.88	---	---
[145]		Network architecture: CNN Approach: Hough Circles Algorithm Dataset: CT and CTA images of ten patients	---	0.98	---	0.98
[146]		Network architecture: The U-Net Approach: The DenseNet121 Dataset: X-ray coronary angiography images of 2042 patients	---	0.92 ± 0.11	---	0.93
[147]	Head and Neck Vessels / CTA	Network architecture: The 3D-CNN model Approach: The bottleneck-ResNet (BR) + ResU-Net + connected growth prediction model (CGPM) Dataset: 18,766 head and neck CTA scans	0.94	0.93	---	0.93

image segmentation and highlighted their different advantages. To provide a novel and informative target-based review on medical image segmentation, we decided to select targets that drastically affect diagnosis and treatment procedures, as shown in Figure 1. "Vessel" is a vital part of every organ that accurate segmentation of it is a crucial issue for surgery and treatment planning, minimization of the risks of surgery, and evaluation of clinical outcomes. "Tumor" almost has the potential to grow in every organ and accurate segmentation of different tumors leads to maximally safe resection of them and increases patient survival. Finally, "Pathology" underlies every field of medicine, from diagnosis, blood transfusion technology, and disease monitoring to cutting-edge genetic research. In reviewing the mentioned targets, this issue is highly realizable, in that a variety of networks are provided for each target, and the most notable results for each target occur with a specific network. In this case, for brain and liver tumors and vessel images, different kinds of residual networks, Generative Adversarial Network (GAN) and Convolutional Neural Network (CNN), respectively, and for lung tumors and pathology images, different types of U-Net had the best results. Along with targets, we reviewed Deep Neural Networks (DNNs), datasets, and results to provide an appropriate assessment in this area. Although enormous dataset challenges are a deniable fact, all indications point to the significant role of DL techniques in medical image segmentation.

- **Open problems and challenges:** Although DL have shown significant results in medical image segmentation, it has yet to be placed in a suitable place in the clinical routine. This cross-disciplinary field deals with complex pathological medical data on

the one hand, and on the other hand with the field of engineering, where the adaptation of these two fields has yet to happen well. In fact, many parts of medical knowledge that are effective in making final decisions could not be understood by artificial intelligence and vice versa. Fortunately, the rapid growth of DL methods has been realized, and today, more interpretable approaches such as explainable artificial intelligence have emerged, which have provided the expert with high interaction and confidence in artificial intelligence methods;

- **Future directions:** With the increasing implementation of DL models in critical medical applications, the need for transparency and interpretability becomes paramount. Integrating an examination of explainable Artificial Intelligence AI (XAI) techniques within this systematic review can help us realize how these methods are shaping the landscape of medical image segmentation. Understanding and expressing how and why DL models arrive at specific segmentation decisions is essential for gaining the trust of healthcare professionals and ensuring safe and effective clinical implementation. Furthermore, XAI plays a pivotal role in addressing ethical concerns, ensuring accountability, and meeting regulatory requirements in the healthcare sector. Thus, exploring the current state and future potential of XAI within medical image segmentation could be a pivotal component of future systematic reviews in this field, offering insights that are not only academically significant but also practically indispensable for the advancement of AI in healthcare.

Table 5. Summary of DL approaches in pathology image segmentation.

Refs.	Organ/ modality	Method	Performance metrics			
			DSC	TPR	TNR	ACC
[148]	Breast and colon cancer	Network arch: DCNN Approach: Extracted descriptors with CNN and PiCoDes Dataset: NA	---	0.83	0.84	---
[149]	Breast and colon cancer	Network arch: DCNN Approach: Feature extraction with DCNN Dataset: NA	---	0.87	0.82	0.85
[150]	Brain/needle-core biopsy	Network arch: U-Net Approach: Multiclass segmentation with Periodic Acid-Schiff (PAS) with CNN Dataset: NA	0.87	---	---	---
[151]	Mitosis in a histopathological tissue	Network arch: U-Net/AlexNet Approach: Classify and detect mitosis using U-Net and AlexNet Dataset: NA	0.6	0.94	0.95	0.95
[152]	Brain MRI and pathology images	Network arch: U-Net Approach: Used U-Net and AlexNet, then outputs feed into ResNet-101 Dataset: NA	---	---	---	0.90
[153]	Shoulder muscle MRI	Network arch: U-Net Approach: Categorize adult diffuse glioma cases into oligodendroglioma and astrocytoma classes using radiographic and histologic image data using DL Dataset: NA	0.93	0.78	0.38	---
[154]	Cervical cancer tissue	Network arch: AF-SENet Approach: Fine-tuning pre-trained DNNs/classification AF-SENet Dataset: NA	---	---	---	0.95
[121]	Liver cancer histopathology images	Network arch: U-Net Approach: Using a robust residual block, a bottleneck block, and an attention decoder block Dataset: KMC dataset/Kumar dataset	0.68	---	---	---
[155]	Liver cancer/colon cancer/breast cancer metastases histopathology images	Network arch: DenseNet-121, Inception-ResNet-V2, and DeeplabV3Plus Approach: Sequence of individual techniques in the preprocessing training-inference pipeline Dataset: CAMELYON16, CAMELYON17	0.78	---	---	---
[156]	PALM/retinal images	Network arch: CNN Approach: CNN bundles lesion segmentation and PM classification Dataset: PALM dataset	0.93	---	---	---
[157]	Renal pathology images	Network arch: Dynamic single segmentation network (Omni-Seg) Approach: Omni-Seg learns to segment multiple tissue types using partially labeled images Dataset: NA	0.96	---	---	---

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Authors contribution statement

First author: Writing-original draft; Methodology; Data curation; Visualization

Second author: Writing-original draft; Methodology; Data curation; Formal analysis

Third author: Writing-original draft; Writing; Data curation; Methodology

Forth author: Writing-review and editing; Conceptualization; Methodology

Fifth author: Writing-review and editing, Supervision, Conceptualization; Methodology

Sixth author: Project administration; Supervision; Writing-review and editing

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